CURRENT Menu 7/26/2024

REDWOOD

Cheese

Crackers

August 2024 Menu

	51100 B									Au	yusi	202	24 IV	ient	ı
							WEE	K 1							
	Monday, July 2	9. 2024							Tuesday, July	30, 202	24				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Lunch	_							Lunch	-					
		_													
		_													
a	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
												-			
	Snack								Snack						
		L_													
а	See Last Month's Menu	0	0	0	0	0	0	а	See Last Month's Menu	0	0	0	0	0	0
	Wednesday, July	21 20	2/1						Thursday, Aug	uet 1 20	24				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	ust 1, 20	J24		l		
пспп	Breakfast	Ourb	<u>oui</u>	1.10	100	110	000	ItCIII	Breakfast						
								80	Milk	12	100	0	0	0	0
а	See Last Month's Menu	0	0	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
								146	Waffles WG	0	0	0	0	0	0
	Lunch								Lunch	10	400	_			
		_						80 63	Milk Grilled Chicken Sandwich	12 17	100 60	0	0	0	0
а	See Last Month's Menu	0	0	0	0	0	0	108	Spinach Salad (A) Green beans (C)	25	125	0	0	0	0
<u> </u>	OCC East Month's Micha					0		100	Banana	15	40	0	0	0	0
								122	WG Bun	12	100	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
а	See Last Month's Menu	0	0	0	0	0	0					_	_		
		_						21	Cereal WG	15	100	0	0	0	0
	Friday, August	2 2024													
Item#	Menu Items	<u> </u>		1	1			1							
	Breakfast							i							
80	Milk	12	100	0	0	0	0	1							
10	Banana	15	40	0	0	0	0								
52	English Muffin Marg/Butter/Jelly	12	100	0	0	0	0								
80	Lunch Milk	12	100	0	0	0	0	l							
65	Ham Sandwich	10	100	0	0	0	0	ł							
101	Potato Wedges	25	100	0	0	0	0	l							
192	Sherbert	26	120	0	0	0	0	İ							
45	Crackers	20	100	0	0	0	0	ĺ							
47	Cream of Chicken&Wild Rice Soup (A)	30	150	0	0	0	0	J							
	Snack							l							
								l							

0 In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0

0

180

20 100

0

0

0

CURRENT Menu 7/26/2024

REDWOOD

Rice (A)

Snack

Roll

Milk

Banana

15 100

12 100

August 2024 Menu

	JWOOD									Au	just	202	24 N	rient	ı
							WEE	K 2							
	Monday, Augus	st 5, 202	4						Tuesday, Augu	st 6, 20	24				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	4	Juice	12	60	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
00	Lunch	10	100		_			00	Lunch	10	100			_	0
80 138	Milk Chicken Patty	12	100	0	0	0	0	80 184	Milk Meatball Hoagy	12	100	0	0	0	0
20	Broccoli Casserole	40	150	0	0	0	0	55	French Fries/Catsup	22	110	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	88	Peaches	12	60	0	0	0	0
- / /	Mandami Oranges	12	00	0	0	0		- 00	i eaches	12	00		U	0	U
122	WG Bun	12	100	0	0	0	0	122	WG Bun	12	100	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								136	Graham Crackers WG	0	0	0	0	0	0
123	Yogurt	12	80	0	0	0	0								
	Wednesday, Aug		Thursday, August 8, 2024												
Item#	Menu Items Breakfast	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
80	Milk	12	100	0	0	0	0	80	Breakfast Milk	12	100	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	10	Banana	15	40	0	0	0	0
14	Biscuits	12	130	0	0	0	0	54	Fr. Toast/Syrup-Wheat(A)	12	180	0	0	0	0
					_				, , , , , , , , , , , , , , , , , , ,				-	-	
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
189	Quesadilla	0	0	0	0	0	0	126	Grilled Cheese	0	0	0	0	0	0
190	Corn Casserole (a) Peas (C)	0	0	0	0	0	0	125	Tomato Soup	0	0	0	0	0	0
6	Applesauce	15	60	0	0	0	0	93	Pineapple	15	60	0	0	0	0
74	Lettuce/Tomato/Sour cream	22	65	0	0	0	0	121	Bread WG	12	80	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0		Silack						
- 00	Willix		100					59	Juice	16	20	0	0	0	0
117	Vanilla Wafers	17	120	0	0	0	0						-	-	
								130	Cheese String	0	0	0	0	0	0
	Friday, Augus	t 9, 2024	ļ												
Item#	Menu Items]							
	Breakfast														
80	Milk	12	100	0	0	0	0								
77	Mandarin Oranges	12	60	0	0	0	0								
120	Bagel	0	0	0	0	0	0	l							
	Lunch							l							
80	Milk	12	100	0	0	0	0	l							
187	Baked Cod(A) Fish Sticks (C)	0	0	0	0	0	0	i							
23	Carrots	10	80	0	0	0	0	1							
10	Banana	15	40	0	0	0	0	1							
		_		_	_		_	1							

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

REDWOOD

August 2024 Menu

										(jusi			.5.10	
							WEE	K 3							
	Monday, August	12, 202	24						Tuesday, Augus	t 13, 20)24				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	46	Cranraisins	15 29	50	0	0	0	0
21	Cereal WG	15	100	0	0	0	0	83	Oatmeal WG	29	210	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
188	Cracked Chicken Spaghetti	0	0	0	0	0	0		Rueben Sliders (A) Turkey Sanwich(C)	0	0	0	0	0	0
18	Broccoli	10	80	0	0	0	0		Potato Cakes	0	0	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0		Mixed Fruit	15	100	0	0	0	0
56	Garlic Bread	12	100	0	0	0	0		Timod Train						
								122	WG Bun	12	100	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	136	Graham Crackers WG	0	0	0	0	0	0
	Wednesday, Augu	st 14, 2	024						Thursday, Augus	st 15, 2	024				
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0		Applesauce	15	60	0	0	0	0
14	Biscuits	12	130	0	0	0	0	96	Pancakes WG	35	225	0	0	0	0
00	Lunch	10	100	0	0	0	0	00	Lunch	10	100	0	_	_	0
80 140	Milk Cheeseburger	12	100	0	0	0	0	80 180	Milk Quiche'	12 0	100	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	131	Spring Salad (A) Green Beans (C)	0	0	0	0	0	0
88	Peaches	12	60	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
- 00	i eaches	12	00	-		-	U	17	Muffin WG	15	100	0	0	0	0
122	WG Bun	12	100	0	0	0	0	191	HaPpY BiRtHdAy JESSICA OSBORNE	0	0	0	0	0	0
	Snack			Ů			Ů		Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
								5	Apple Slices	8	30	0	0	0	0
30	Chex Mix	12	80	0	0	0	0								
	Friday, August	16, 202	4												
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
88	Peaches	12	60	0	0	0	0								
21	Cereal WG	15	100	0	0	0	0								
00	Lunch	10	100	_		_									
80	Milk Chieken Solod	12	100	0	0	0	0								
36 151	Chicken Salad Sweet Potato Tots	25 0	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
157	Crossiant	0	0	0	0	0	0								
107	Orossiani	1	U	J	J	-	J								
	Snack														
	Ondor														
59	Juice	16	20	0	0	0	0								
123	Yogurt	12	80	0	0	0	0								
	•														

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

CURRENT Menu 7/26/2024

REDWOOD

Snack

Milk

Sherbert

August 2024 Menu

UEI	JWOOD	August 2024 Menu													
							WEE	K 4							
	Monday, August	19, 202	24						Tuesday, Augus	st 20, 20)24				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
10	Banana	15	40	0	0	0	0	145	Juice	0	0	0	0	0	0
146	Waffles WG	0	0	0	0	0	0	21	Cereal WG	15	100	0	0	0	0
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
37	Chicken Tenders (a) Chicken Nugget (c	25	240	0	0	0	0	132	Spaghetti/Meatsauce/Cheese	0	0	0	0	0	0
20	Broccoli Casserole	40	150	0	0	0	0	112	Toss Salad (A) Green Beans (c)	5	25	0	0	0	0
81	Mixed Fruit	15	100	0	0	0	0	93	Pineapple	15	60	0	0	0	0
106	Roll	15	100	0	0	0	0	56	Garlic Bread	12	100	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
59	Juice	16	20	0	0	0	0								
								136	Graham Crackers WG	0	0	0	0	0	0
130	Cheese String	0	0	0	0	0	0								
Wednesday, August 21, 2024									Thursday, Augu	st 22, 2	024				
Item#	Menu Items	Carb	Cal	Pro	Fat	Fib	Sod	Item#	Menu Items						
	Breakfast								Breakfast						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
88	Peaches	12	60	0	0	0	0	46	Cranraisins	15	50	0	0	0	0
14	Biscuits	12	130	0	0	0	0	83	Oatmeal WG	29	210	0	0	0	0
	Lunch	10	100						Lunch	10	100		_	•	
80 186	Milk	12	100	0	0	0	0	80 11	Milk BBQ	12 0	100	0	0	0	0
79	Open Faced Turkey Mashed Potato	34	160	0	0	0	0	41	Cole Slaw (A) Carrots (C)	12	110	0	0	0	0
61	Green Beans	10	80	0	0	0	0	77	Mandarin Oranges	12	60	0	0	0	0
121	Bread WG	12	80	0	0	0	0	121	Bread WG	12	80	0	0	0	0
121	blead WG	12	00	0			├	76	Mac & Cheese	17	115	0	0	0	0
	Snack							70	Snack	17	113	U	- 0	- 0	
80	Milk	12	100	0	0	0	0		Grack						
- 55	TWINK		100	Ů				145	Juice	0	0	0	0	0	0
57	Goldfish Crackers WG	20	100	0	0	0	0	110		<u> </u>	Ľ	Ů			Ť
				_				123	Yogurt	12	80	0	0	0	0
	Friday, August 2	23, 202	4						-						
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
10	Banana	15	40	0	0	0	0								
141	Pancakes	35	210	0	0	0	0								
	Lunch														
80	Milk	12	100	0	0	0	0								
128	Chef Salad (A) / Turkey Sandwich (C)	0	0	0	0	0	0								
137	Salad/Dressing (A) Peas (C)	0	0	0	0	0	0								
89	Pears	12	80	0	0	0	0								
45	Crackers	20	100	0	0	0	0								

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

CURRENT Menu 7/26/2024

REDWOOD

Milk

Mandarin Oranges

August 2024 Menu

	- · · · · · · · · · · · · · · · · · · ·									Λuί	gusi		- + 1V	ICIII	J
							WEE	K 5							
	Monday, August	26 203	04				***	<u> </u>	Tuesday, Augus	et 27 2	N24				
Item#	Menu Items	Carb		Pro	Fat	Fib	Sod	Item#	Menu Items	Carb		Pro	Fat	Fib	Sod
Item	Breakfast	Carb	Cai	110	Iat	1.10	300	Item	Breakfast	Carb	Cai	<u> </u>	<u>ı at</u>	1 10	300
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
89	Pears	12	80	0	0	0	0	6	Applesauce	15	60	0	0	0	0
120	Bagel	0	0	0	0	0	0	17	Muffin WG	15	100	0	0	0	0
	Ü														
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
139	Sloppy Joe	0	0	0	0	0	0	33	Chicken Patty	25	240	0	0	0	0
77	Mandarin Oranges	12	60	0	0	0	0	61	Green Beans	10	80	0	0	0	0
181	Cole Slw (A) Broccoli (C)	0	0	0	0	0	0	81	Mixed Fruit	15	100	0	0	0	0
12	Wheat Bun	0	0	0	0	0	0	12	Wheat Bun	0	0	0	0	0	0
	Snack								Snack						
								80	Milk	12	100	0	0	0	0
4	Juice	12	60	0	0	0	0								
100	V.	- 10						57	Goldfish Crackers WG	20	100	0	0	0	0
123	Yogurt	12	80	0	0	0	0			l					
	Wednesday, Augus								Thursday, Augu	st 29, 2	024	ı	•		1
Item#	Menu Items	Carb	Cal	Pro	<u>Fat</u>	<u>Fib</u>	Sod	Item#	Menu Items						
00	Breakfast	10	100					00	Breakfast	10	100			_	
80	Milk	12 12	100	0	0	0	0	80	Milk	12 15	100	0	0	0	0
88 14	Peaches Biscuits	12	130	0	0	0	0	93 52	Pineapple English Muffin Marg/Butter/Jelly	12	60 100	0	0	0	0
14	Biscuits	12	130	0	U	U	U	52	English Mullin Marg/Butter/Jelly	12	100	U	U	U	U
	Lunch								Lunch						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
161	Cheese Coney (A) Hamburger (C)	0	0	0	0	0	0	115	Turkey Cheese/Wheat	12	230	0	0	0	0
55	French Fries/Catsup	22	110	0	0	0	0	100	Potato Salad (A) Smiley faces ©	25	150	0	0	0	0
89	Pears	12	80	0	0	0	0	5	Apple Slices	8	30	0	0	0	0
122	WG Bun	12	100	0	0	0	0	121	Bread WG	12	80	0	0	0	0
	Snack								Snack						
80	Milk	12	100	0	0	0	0	80	Milk	12	100	0	0	0	0
30	Chex Mix	12	80	0	0	0	0	102	Pretzels WG	30	100	0	0	0	0
	Friday, August 3	0, 202	4												
Item#	Menu Items														
	Breakfast														
80	Milk	12	100	0	0	0	0								
4	Juice	12	60	0	0	0	0	l							
21	Cereal WG	15	100	0	0	0	0	l							
	Lucasti							l							
00	Lunch	10	100	_	^	_	^	ł							
80	Milk Crilled Chicken Soled (A.) Crilled Nugge	12	100	0	0	0	0	ł							
162 137	Grilled Chicken Salad (A) Grilled Nugge Salad/Dressing (A) Peas (C)	0	0	0	0	0	0	l							
10	Banana	15	40	0	0	0	0	ł							
106	Roll	15	100	0	0	0	0	ł							
100	I toli	10	100	U	0	U	U	ł							
	Snack							İ							
	JIIAUN							ı							

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director Office of Adjudication, 1400 Independence Avenue., SW., Washington, DC 20150-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech

0

12 100

12 60

0